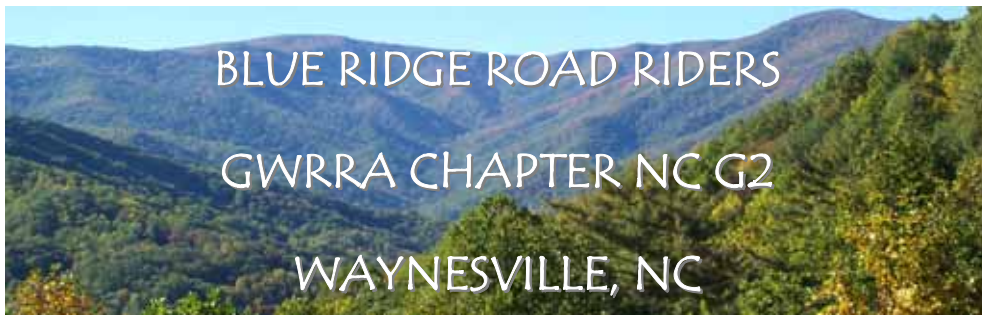




NC-G2



GWRRA

JULY 2011

Visit us on the web at www.gwrrancg2.org

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JOIN US ON THE 1ST SATURDAY OF EACH MONTH AT FAT BUDDIES RIBS & BBQ

EAT AT 3:00—MEET AT 4:00

LOCATED AT 193 STAPLES/WAYNESVILLE PLAZA IN WAYNESVILLE NC!

FROM OUR CHAPTER DIRECTORS RICHARD & PEGGY WHEELER

I hope all of you are staying cool and dry and enjoying your summer. We have had a lot of good rides lately. One of our best was the ride to Shatley Springs. We had twenty-two who went. That was a great turnout. We had some good food at the restaurant and some good music afterwards. Our own Mark K entertained us with some good songs. Thanks to Nancy and Stan for planning this weekend. They did a great job and we only got a little wet on the ride home.

Wings Over the Smokies is coming up so if you have not registered yet, please do so soon. I am not sure yet whether we will be doing the on bike field events. There is going to be a planning meeting at the end of July and we should have more details then. I will be passing around a sign up sheet for workers at our July meeting. I need to have the shirt order in by July 17. Remember you must be fully registered to work and receive a shirt. Also, keep selling those tickets. The money from this is what the District uses to pay the chapters for working. The more we sell, the more we might earn.



Our annual chapter picnic will be held on September 10 at Deep Creek Campground. We were unable to get the National Park pavilion this year but the campground has one that we will be using. If you plan on camping, make your reservations soon. They still have sites at this time but the do go fast. Nancy has the farmhouse reserved. I hope we will have a good turnout for the picnic. We always have a great time and we will have great food.

Continued.....



REGION N



NC DISTRICT

NC DISTRICT

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Tom & Dina Towey
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FROM OUR ASSISTANT CHAPTER DIRECTORS—MARK & JOANN THOMPSON

Friends in the Wind

Okay, it's hot! Ridiculously hot! I lived in Florida for several years and JoAnn lived in Florida for about 35 years. Both of us hate the heat and don't do well when temperatures get so warm that it drains the body of energy and clear thought. We came to the mountains for 2 reasons. One, to ride these beautiful mountains and, two, to live in a place that is not stifling hot. Ummmm, something has gone seriously wrong.

Being from Florida and knowing what it is like to ride in extreme temperatures, let me say that drinking water, Powerade, or Gatorade is one of the most important things you can do when riding. As we cruise down the road at 50 miles an hour or more (or less) the sweat our bodies are producing is drying immediately and causing us to dehydrate. While the wind is hitting us, we feel somewhat cooler, but don't be fooled. You ARE being drained of necessary fluids by the second. I urge you to bring plenty of fluids on your rides during the hot temperatures and/or don't hesitate to stop at a convenience store, rest in the shade and drink a bottle of water. Recently, one of our members was out riding and got weak and light headed while riding in this weather. He needed to stop and hydrate and then he felt better. That could have turned out to be an awful event. All he needed was fluids.

On to other things....we had a really good meeting in June. There were 47 people there and 23 were guests. Most of those guests were from L2 on their annual jaunt to Maggie Valley. We thank them for visiting with us and hope to see them again soon.

As I did at the last 2 meetings, and plan to do for the next few meetings, I will be selling raffle tickets for a book of tickets for the \$5,000 prize to be given away at Wings Over the Smokies. For the purchase of a \$5.00 raffle ticket, you have a one in ten chance to win a book of 10 tickets for the \$5,000!!! The money raised over \$5,000 selling these tickets goes towards paying the District chapters for working at Wings Over the Smokies. The more money earned, the more money paid out to the chapters. And, it doesn't just benefit the District or the Chapters, you personally have a better chance of winning the \$5,000 because you have more than one ticket in the bucket. I'll be coming around with JoAnn when she is selling 50/50 tickets to see if you want to buy a chance at \$5,000.

Time to wrap it up for this month's article. We're looking forward to all the good times that lay ahead this season, and we remind you, as always...

Ride Safe,

Mark & JoAnn



WINNERS FROM OUR JUNE MEETING

STAN WOOTEN WON THE RIDE POT FROM THE NATURAL TUNNEL RIDE

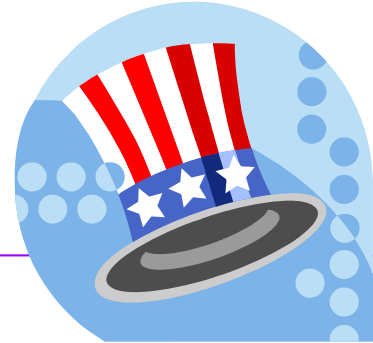
VEST DRAWING WENT TO BERNIE MOTLEY

GIFT CERTIFICATE FROM JACKS LEATHER SHOP WENT TO GARY THOMPSON L-2

GIFT CERTIFICATE FROM FAT BUDDIES WENT TO

IRIS SPENCER L2

50/50 WENT TO LARRY WARD & DAN WALLEN



CHUCKLE FOR JULY

A man was driving thru a large city when he sees a flash as he drove under a traffic cam. He wasn't speeding he thought so he decided to drive under the traffic cam again at a slower speed to prove that he wasn't speeding the first time. As he drove under it a second time, the traffic cam flashed. He was mad now and he was determined to prove he wasn't speeding as he drove under the traffic cam for a third time, the camera flashed again. Now, furious as hell, he was going to prove the camera was malfunctioning so as he drove under the camera for the fourth time moving at a crawl, you guessed it, the traffic cam flashed. A week went by and he received 4 tickets for not wearing his seat belt.

WINGS OVER SMOKIES 2011

SEPTEMBER 22–24, WNC AGRICULTURAL CENTER

FLETCHER, NC

IF YOU HAVEN'T REGISTERED FOR OUR DISTRICT RALLY, PLEASE DON'T WAIT!

PLEASE VISIT

<http://www.gwrranc.org/>

SAFETY EDUCATION

Another month of riding is upon us and with so many rides ahead of us, it is important to remember to keep safe, think safe and maintain a safe attitude every time we get on our motorcycles and ride. Whether it be a ride to work, the store, a sightseeing trip, or even as Char and I call it, “aimlessly going nowhere”, to just tour around and enjoy riding.

Whether riding alone or riding with others you should always be aware of your safety zone. Maintain a safe following distance both in front of you and be aware of those behind. Consider how your actions may affect those behind you. Communicate your intentions using the tools provided to you, such as Turn signals, Brake lights and Hand signals. Motorcycles can rapidly decelerate both by braking and down shifting and a safe practice is to flash your brake lights to communicate your intentions if you are going to slow down. We cannot rely on the driver or rider in the rear to anticipate or know what our intentions are. By communicating our intentions this provides the vehicle behind advance warning of our actions and prepares them to react accordingly.

While riding alone we provide for our safety zone as a single motorcycle yet in group riding this zone should extend from the lead motorcycle to the drag motorcycle. This ensures that all actions taken from lead to drag will provide safety of all riders within the group. All maneuvers such as turning, passing, entering and exiting highways, intersections and entering parking lots should incorporate safe execution for the all riders as a whole. Use advance communication of upcoming turns and try to avoid sudden or instantaneous maneuvers which may be difficult for the other riders to execute unless you are in an emergency situation. When exiting into a parking lot you should continue into the parking area completely to leave ample space for all bikes to exit the highway safely. If available, find pull through parking making the arrival and departure smoother.

While riding with others use your mirrors and keep an eye on the riders behind and make sure the group is staying together. If riders fall behind, everyone should slow down to keep the group together.

It is important to maintain close ranks yet maintain adequate space cushion for each rider to be able to have the time and distance to react. A close group occupies less space on the highway and is more visible. Keep the ranks close yet provide for your personal safety zone.

Riding in a group of more than five motorcycles can become confusing both for the group and other traffic around you. If there are too many motorcycles it is wise to break it up into smaller groups. Ride in staggered position as determined by your lead bike and if you are more comfortable in a particular position, such as you are uncomfortable in the left side of the lane and prefer the right side of lane, position yourself within the group to occupy that position. Always maintain at least a two second following distance from the motorcycle directly in front of you.

Ride Safe and remember Safety Is Everyone's Responsibility

Mark Krawczyk Rider Educator NC-G2

FROM OUR CHAPTER COUPLE –RICHARD & LIBBY ARCENEUX

COULD IT BE TRUE??

We've been to Lafayette, LA twice this month. Coming back the second time, we rode the beautiful Natchez Trace and made a couple of stops along the way. It was lunchtime when we got to Tupelo. *It's true* (and we can sell you the Golden Gate Bridge, too) what Richard Wheeler says... Well, the picture below says it all!



“Yeah, it’s true. Only 2 famous people came out of Tupelo— me and Richard Wheeler!”

Well, now WE have to say it one more time! The ride that Stan and Nancy planned to Shatley Springs was wonderful. Thank you for planning it. We had such a great time. Mark and Char did an outstanding job leading Group Two that included Richard/Peggy, Eddie/JoAnn, Dean/Janie, Dan/Mona and we were tail gunners-and, man, did we ever look good (ha ha). Stan and Nancy led Group One-Jack, Betty/Jim, Bear/Donna--with Mark & JoAnn, tail gunners. So much fun was had by all. Can't wait 'til next time.

Be sure to check the calendar so you don't miss out on any upcoming events.

Richard and Libby



Happy Birthday, America!

TRAVELING TO WING DING 33

WE'RE BOTH EXCITED ABOUT WING DING 33 BEING SO CLOSE THIS YEAR SO WE DECIDED TO MAKE IT A MINI VACATION. OUR PLANS WILL BEGIN ON WEDNESDAY, JULY 6, LEAVING EARLY (YEAH RIGHT) TAKING ONLY THE BACK ROADS TO KNOXVILLE. FIRST STOP OF COURSE WILL BE THE DRAGON. WE'LL PLAY FOR A COUPLE OF HOURS THEN HEAD ON TO CADES COVE, RIDE THE LOOP AND FROM THERE ON INTO KNOXVILLE. THURSDAY WE PLAN TO SEE EVERYTHING AT THE RALLY AND SHOP UNTIL OUR CREDIT CARD HIDES FROM US. FRIDAY WE'RE PLANNING A DAY TRIP TO OLIVER SPRINGS, TENNESSEE. A VERY SMALL TOWN OUTSIDE OF OAK RIDGE WHERE DAN'S MOM GREW UP. IT'S BEEN 15 YEARS SINCE WE VISITED THERE SO WE'RE BOTH ANXIOUS TO SEE HOW IT'S CHANGED. WE HOPE TO MEET UP WITH G2 ON SATURDAY SO WE'RE LEAVING THAT DAY OPEN. SUNDAY WE'LL BE HEADING BACK TO NC VIA BLUFF CITY WHERE WE PLAN TO STOP AT RIDGEWOOD BAR B QUE. AFTER THAT DAN WILL HAVE TO UNPLUG OUR INTERCOM SINCE I'LL BE CRYING THE BLUES. MONA WALLEN



RECIPE CORNER

APPLE SAUCE SNACKING CAKE (made with splenda)

INGREDIENTS

- 1 cup all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- 2 teaspoons cinnamon
- ½ teaspoon ginger
- ½ cup reduced-calorie margarine
- ¼ cup molasses
- ½ cup egg substitute
- 1 teaspoon vanilla extract
- 1 cup SLENDA® No Calorie Sweetener, Granulated
- 1/2 cup unsweetened applesauce

DIRECTIONS

Preheat oven to 350 degrees F. Spray an 8x8 inch metal cake pan with vegetable cooking spray. In a small bowl, stir together flour, baking powder, baking soda, cinnamon, and ginger. Set aside. In a large mixing bowl, beat margarine and molasses with an electric mixer on high speed for approximately 1 minute. Add egg substitute and vanilla and blend on high speed for 30 seconds. Mixture will be liquid. Add SLENDA® Granulated Sweetener and beat on medium speed until very smooth, approximately 1½ minutes. Add flour mixture and applesauce and beat on low speed until mixed, approximately 45 seconds. Spread batter evenly into prepared pan and bake for 30 minutes at 350 degrees F.

Shatley Springs Ride

Shately Springs Overnighter—May 21st—22nd

Many thanks to Stan & Nancy for planning and leading such a fun trip.

A special thank you to Mark Krawcyk for leading the second group and to our tail gunners, Mark and Joann Thompson, Richard and Libby Arceneaux.

Read more about our trip from G2 Members

Yes another great trip and excellent scenery. It was wonderful weather for the majority of the trip. A few wet spots but to be expected this time of year. Another wonderful route planned by Stan and Nancy to soak up all those beautiful mountains and breathe that sweet delicious mountain air (except for Bears pet skunk hanging out in the road heheh) Great food and the socializing with the chapter at the hotel. We all had such a great time chatting and laughing. A real fun group of folks is G-2. Even with the two groups we managed to stay together and hats of to all leads and tails. Great communication from group 1 to group 2 when we were not in visual range around all those straight roads we traveled. Group 2 fell behind on I 40 but weather and traffic and the slow pokes kept us back and the maniacs in the left lane kept us from passing. Where the heck did all that traffic come from on a Sunday. We did very well handling the road, weather, and traffic. Dan did assume the front of the pack and a good move considering the heavy left lane flying up on everyone. Excellent planning, riding, communication and a wonderful time had by all. A great group of friends and riders. It is what we love to do Ride, Have Fun and be Safe. Mark and Charlotte Krawczyk



The gentle curves of country roads that stretch out ahead of you. The scenery with farms, barns, and rolling hills with a backdrop of mountains. The vistas where you think you can see for 100 miles. The smell of honeysuckle as you ride past a hillside covered in the blooming flowers. It is one of the greatest pleasures in life to sit back on a Goldwing and enjoy the ride through these awesome mountains. I love every minute of it and it gets better every time. G2 is why I can say that! JoAnn T.

And more thing from Joann T. (Don't we just love her?)

I won't leave home without my coffee pot again. I thought it would be okay since the rooms had coffee makers - but, it made one cup of coffee with one sweetener and one creamer. I asked Mark in the morning to run to the lobby and get us a cup. Next thing I know, he's leaving on the bike to ride to Bojangles. Apparently, he would have had to give up a breakfast ticket to get a cup of coffee. People laugh at me for bringing my coffee pot. Well, I don't care! I will bring it on every trip.

JoAnn T.

Oh yeah.....we arrive at the motel, a little sweaty and hot from the ride and glad to know we are where we're going to be for the night. I have a full belly and want a shower and get out of these riding clothes and boots. I get my shower and put on some comfy shorts, a t-shirt and flip-flops and go out on the porch/deck where our friends have gathered to yuk it up, tell stories about each other, and laugh until our sides ache. That is what I really enjoy. That's when I feel the camaraderie, the belonging to a group of people that care about each other and truly enjoy each other's company. Mark T.

SPECIAL DATES FOR OUR MEMBERBIRTHDAYS

PEGGY WHEELER 7/6 * KAY KLONKOWSKI 7/13 * EDDIE BLACKWELL 7/12

DENNIS FORSYTHE 7/28 * JANIE GADDY 7/12 * ED CLARK 7/23

LINDA FINGER 7/13 * VIC GARRISON 7/1 * MIKE LINTNER 7/26 * BILL KRAMER 7/16

JUDY RENTNER 7/2 * JEANIE CESSNA 7/25

ANNIVERSARIES

PEGGY & RICHARD WHEELER 7/2

JEANIE & GARY CESSNA 7/6

KLONK & KAY KLONKOWSKI 7/26

SENDING HEALING THOUGHTS

Recently Bill & Juanita Gaddis have both been under the weather. We hope they both are doing much better.

INFORMATION FROM A LOCAL CHAPTER - M2 HENDERSONVILLE

STARTING JULY 16, M2 HENDERSONVILLE WILL BE MEETING AT J&S CAFETERIA ON AIRPORT PARK ROAD, FLETCHER, 28732 EAT AT 8:00 MEET AT 9:00

MUST WE SAY GOODBYE?

MANY OF YOU KNOW THAT ED AND JOYCE STEWART ARE MOVING TO KINGSPORT, TENNESSEE TO BE CLOSER TO THEIR DAUGHTER. WE WILL MISS YOU ED & JOYCE! PLEASE STAY IN TOUCH WITH US!

PHOTOS FOR FUN - SHATLEY SPRINGS RIDE



G2 OVERNIGHT TRIPS ARE FUN, FREE FROM WORRIES AND MOST OF ALL... RELAXING.

